

ORCHESTRA VIOLIN BOOK I

A New American School of String Playing by Mark O'Connor







A New American School of String Playing By Mark O'Connor



The O'Connor Method and all of the materials contained in the O'Connor Method Books were authored and composed/arranged/orchestrated by Mark O'Connor.

Original art work and graphic design for the O'Connor Method was created by Doug Regen of Nashville, Tennessee.

Educational/historical notes about the traditional music as well as the original compositions contained in Books I & II were written by Mark O'Connor and edited by Pamela Wiley.

The hand-made violin and bow pictured in the "PARTS OF THE VIOLIN" were made by luthier Jonathan Cooper from Gorham, Maine.

Photographs of students taken at the Mark O'Connor String Camp in New York City are by Greg Kessler. The photograph of Mr. O'Connor with young children was taken at the Thurnauer School, New Jersey.

All additional photos/illustrations and any materials in Books I & II that are not public domain are courtesy of the Mark O'Connor Collection or are used with express permission.

The audio for Orchestra Book I features the Mark O'Connor String Orchestra:

Violins: Kelly Hall-Tompkins, Sarah Geller, Sarah Charness, Mary Jo Stilp,
Christiana Liberis, Chi-Young Hwang, Sanchie Bobrow, Brooke Quiggins.

Violas: Kyle Armbrust, Gillian Gallagher, Sadie deWall, Chris Jenkins, Lev Ljova Zhurbin.

Cellos: Joey Amini, Patrice Jackson, Louise Dubin, Laura Metcalf, Leat Sabbah. Piano: Rieko Aizawa.

Piano parts arranged by Mark O'Connor and Bob Phillips.

Recorded June 18th, 2010 at The Society for Ethical Culture, New York, NY, and
was engineered by Sean Swinney.

The recordings were produced and edited by Mark O'Connor
with final mixing by Mark O'Connor and Sean Swinney.

Audio Access of all musical pieces available for streaming and download at www.oconnormethod.com



315 West 57th Street, Suite 14H, New York, NY 10019

ALL RIGHTS RESERVED: International copyright secured. B.M.I. Made and printed in the USA. No part of this publication may be reproduced in whole or in part, or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system. For all works contained herein: Unauthorized copying is an infringement of copyright. Infringers are liable under the law.

Visit Mark O'Connor Online at www.markoconnor.com

Copyright © 2009 by Mark O'Connor Musik International

ACKNOWLEDGMENTS



I would like to remember my mother, Marty O'Connor, who believed that a good music education for her children could make a difference in our lives as well as in the lives of those around us. The photographs in this book of myself as a child were taken by my mother.

I would like to thank two veteran string pedagogues, Pamela Wiley and Bob Phillips individually, for their unending resources, editing, advice and feedback and for their belief in my O'Connor Method. I would also like to thank the countless violin/fiddle and string teachers I have "bounced my ideas off of" for years, testing the waters for a new string method.

I would like to acknowledge my own violin/fiddle teachers as a child: Barbara Lamb and John Burke from Washington, Benny Thomasson from Texas and Stephane Grappelli from France, for providing much of the inspiration I draw upon and for helping me to form many of the ideas and concepts I have utilized in my violin method. Perhaps most importantly, I want to thank my teachers and mentors for instilling in me the desire to learn and the capacity to share what I have learned with others.

Aurther credit goes to the dozens of string teachers as well as the thousands of students who have participated in my Summer projects - String Camps in New York City, String Conferences in San Diego, Aiddle Camps in Tennessee and String Institutes at UCLA, Los Angeles. It is my strong belief that I have learned as much as anyone over the years at my own educational string events. A special thank you to my co-director of fifteen years, Helen Holzen, for her tireless energy towards creating an environment in which people can learn. Some of the photographs of children playing in this book were taken at the 2009 Mark O'Connor String Camp in New York City.



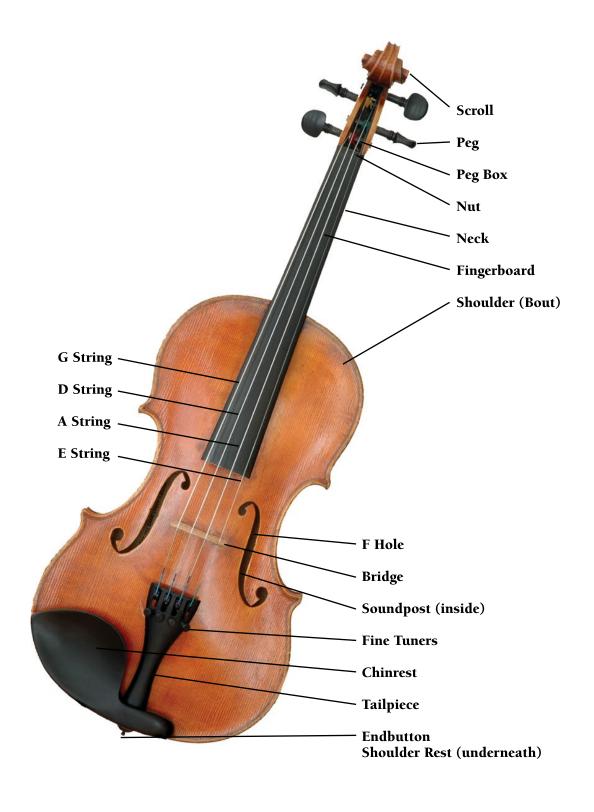
ORCHESTRA VIOLIN BOOK I

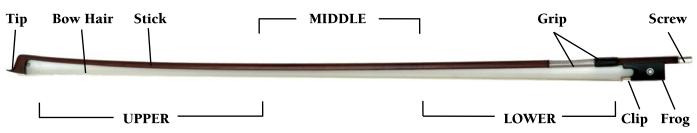
Parts of the Violin
Foreword
Author Biography
Eight Principles of the O'Connor Method
Feeling the Violin
Musical Terms
Musical Notation
Tone and Sound
Note Chart
Pitch

Boil 'em Cabbage Down (Variation I)	l
Boil 'em Cabbage Down (Variation 2)	
Boil 'em Cabbage Down (Variation 3)	
Beautiful Skies	
Oh! Susanna	4
Buffalo Gals	5
Amazing Grace	6
Boil 'em Cabbage Down (Variation 4)	7
Boil 'em Cabbage Down (Variation 5)	
When the Saints Go Marching In	
Westward Journey	
Bonaparte's Retreat	
Old Joe Clark	
Climbing the Mountain	12
Appalachia Waltz	
Boogie Woogie	I 4
Golden Slippers	
Boil 'em Cabbage Down (Variation 6)	I 6
Boil 'em Cabbage Down (Variation 7)	
Johnny Has Gone for a Soldier	17
Sweet Betsy from Pike	
Soldier's Joy	19
The World Turned Upside Down	20

Scales and Intervals Used in Books I & II









FOREWORD



I am pleased to introduce the O'Connor Method for string teachers and students of the viola. This Method Book series is designed to guide students gradually through the development of pedagogical and musical techniques necessary to become proficient, well-rounded musicians through a carefully planned progression of pieces. Gradual development of left-hand technique, bowing skill and ear training as revealed through the study of beautiful music encourages a love of music-making in a slow, steady and natural way.

The music that I have collected for the O'Connor Method Books I & II includes some of the most endearing melodies in American music as well as some of the great folk fiddle tunes that have endured our 400 year-old history of string playing. I have made it a specific feature of the Method to include musical literature that represents all of the Americas – Mexico, Canada and every region of the United States – and so many musical styles – classical, folk, Latin, jazz, rock, ragtime, etc. I have chosen and arranged material that will be both instructive and artistically enriching, and will help create the future classical violist, folk music violist, jazz musician - or all three!

The Method Books I & II take into consideration that, even at the beginning levels, learning music possessing a time-less quality is a healthy vehicle for engendering a lifelong love of music-making. Beginner tunes can be great tunes, and could very well stay with the student for a lifetime of playing and performing. In my own experience giving classes around the country, I often tell students that I have professionally recorded three of the first fiddle tunes I learned as a child. All three – *Soldier's Joy, Arkansas Traveler*, and *Fiddler's Dream* – are presented early in this Method. I believe there are no throw-aways. The beginning tunes are built to last, providing a sturdy foundation and core for the novice. The tune that I have arranged to provide the most rudimentary studies for a beginning violist – *Boil `em Cabbage Down* – is the first fiddle tune I learned as a child.

In the early books, students will learn simplified arrangements of more advanced music which will appear later in the Method. Many of my own compositions such as *Appalachia Waltz* and *The Fiddle Concerto*, appear in the early books in a form accessible to beginners. Students revisiting these and other pieces at a higher technical and musical level some years down the road will find themselves coming full circle with their own earliest years of wonderment and fascination with the viola.

My travels of the past 30 years have convinced me that a new American Classical Music is evolving. I have encountered

thousands of students of all ages and abilities at concerts, workshops, college/conservatory/university seminars and fiddle camps and have found repeatedly that students do not want to be "left out" of the great sounds and energy of fiddling and jazz because they wish to become fine classical players. It is my firm belief that the new American Classical Music will embrace the totality of our rich history of string playing, and it is my sincere hope that my Method will further this process and perpetuate love for the viola.

Mach O'Camo

(New York City, 2009)



AUTHOR BIOGRAPHY



MARK O'CONNOR

A product of America's rich aural folk tradition as well as being a Classical and Flamenco music student in his formative years, violinist and composer Mark O'Connor is widely recognized as one of the most gifted contemporary composers in America and surely one of the brightest talents of his generation. Mr. O'Connor's creative journey began at the feet of the folk fiddler and innovator who created the modern era of American fiddling in the 1940s, Benny Thomasson, and a French jazz violinist who was considered one of the greatest improvisers in the history of the violin, Stephane Grappelli. Along the way, between these marvelous musical extremes, Mark O'Connor absorbed knowledge and influence from the multitude of musical styles and genres he studied. Now, at age 48, he has melded and shaped these influences into a new American Classical music, and



is perpetuating his vision of an American School of string playing. The New York Times calls his "one of the most spectacular journeys in recent American music." The Los Angeles Times describes him as an artist who is "one of the most talented and imaginative...working in music -- any music -- today."

One of the most-recorded violinists in many genres, Mr. O'Connor's first recording for the Sony Classical record label, *Appalachia Waltz*, was a collaboration with Yo-Yo Ma and Edgar Meyer. The works Mr. O'Connor composed for the disc, including its title track, gained worldwide recognition for him as a leading proponent of a new American musical idiom. The tremendously successful follow-up release, *Appalachian Journey*, received a Grammy Award in February 2001.

With more than 200 performances, his first full length orchestral score *The Fiddle Concerto* has become the most-performed violin concerto composed in the last 40 years. In April 2000, Mr. O'Connor premiered his 4th violin concerto *The American Seasons: Seasons of an American Life*, at Troy Music Hall in Troy, N.Y. The New York Times said "...if Dvorak had spent his American leisure time in Nashville instead of Spillville, Iowa, 'New World Symphony' would have sounded like this." The American Seasons was recorded with the Metamorphosen chamber orchestra and released in 2001.

Mr. O'Connor received a commission from fifteen symphony orchestras in 2007 to compose his *Americana Symphony* recorded by the Baltimore Symphony in 2008. Mark O'Connor has performed his compositions in concert at The White House, the Presidential Inauguration Celebration and the ceremonies of Atlanta's Centennial Olympic Games for which he composed *Olympic Reel*. He is often featured on major network television shows, and past appearances include "CBS Sunday Morning," "Great Performances" on PBS, and the "Kennedy Center Honors."

Mr. O'Connor regularly conducts residencies, giving lecture/demonstrations and teaching workshops, at many prestigious schools of music. Mr. O'Connor was the inaugural Herb Alpert School Of Music Artist in Residence at UCLA for the 2008-2009 season and is the Frost School of Music Artist in Residence at the University of Miami for the 2009-2010 season. Mr. O'Connor generously donates his time in support of a number of organizations that promote music education and outreach, including Opus 118, Midori and Friends and Sphinx. He serves on the advisory panel for the selection of the Kennedy Center Honors. He is the founder and president of the internationally recognized Mark O'Connor String Camp and Fiddle Camp attracting an average of 400 students from around the world annually. Mr. O'Connor was born in Seattle in 1961 and currently resides in New York City.

EIGHT PRINCIPLES OF THE O'CONNOR METHOD



- I. LISTENING. Listen to the lesson reference recording every day. Development of good string playing depends upon ear training. Sing or hum the pieces, with or without the words. Listen to your favorite musicians play their music.
- 2. PRACTICE. Try to practice daily. There is no substitute for time with the instrument. This Method is accessible to students 3 years old and older (beginners of any age can start with my Book I). A good rule of thumb for practice is 5 minutes per day for each year old you are until you reach 12 years old. An hour every day will produce steady progress. More practice time will produce even more rapid development of physical skill and artistic sensitivity.
- 3. PROGRESSION. Study the pieces in the order presented. The tunes are organized in a carefully planned sequence designed to layer new skills on top of established ones. Keep playing all the material learned. This Method is cumulative not just linear. Practice a piece until it is "easy," not just until you believe it is "correct."
- 4. EXERCISING. Pedagogical exercises should accompany the study of each piece. Some of these materials are included in the "learning pages" as well as in diagrams throughout the book. Your teacher will also help you locate the points of advancement in each piece and help you create exercises or "practice spots" where needed. Fingerings are provided in the early pieces (4th finger v. open string recommendations are provided throughout).
- 5. PERFORMANCE. Play along with the reference recording. Music is a language and is best learned by imitating someone who speaks the language often. Copying the recording's intonation, tone and phrasing will develop a good foundation for future interpretations or creativity of your own.
- 6. RELEVANCE. Become familiar with the historical background presented with each piece. Acquiring an understanding of the many styles of music that comprise our rich and diverse musical heritage provides relevance to our own musical development. Students who establish this habit at an early age will develop a fine knowledge of music history and appreciation, and will become more complete musicians.
- 7. CREATIVITY. Individual creativity is encouraged from the very earliest stages of development. The understanding of musical form and how a piece is structured is aided by the addition of enclosed rehearsal letters, double bars (parts). Acquiring a sense of harmony is also aided by listening to the other instruments and parts of the orchestra.
- 8. EXPRESSION. Get to know Fiddle Boy. He shows up now and then in the first few books. I formed this caricature years ago to help me describe what it was like to perform The Fiddle Concerto with symphony orchestras all over America. I found myself wanting to communicate the language and expression of the music as well as the notes and techniques. He is a little buddy, a helper, who does everything a little bit differently. He loves to express himself as you can see from his funny hair and playing style! Fiddle Boy wants to help you discover the emotions of pieces so that you can eventually express your own feelings in music that you have learned.

Mark O'Connor (2009)

"Hello! I really love the orchestra, and I am so happy you are here to join us. I hope you will love the orchestra too!"





O'CONNOR Method



Place the neck of the violin in your left hand. Holding the neck of the violin in your left hand, move your hand and fingers around the neck to know how it feels.

Hold the violin like a guitar with the back against your stomach. Pluck the strings with your right thumb away from the area where the bow goes because your fingers have oily skin and you need the bowing area to remain sticky for your bow hair. As you pluck the strings with your thumb,

feel the back of the violin vibrate on your stomach. Does that make you smile?

Lay your left-hand fingers across the strings. Feel what it is like to have all four strings against the insides of your fingers.

Now place the violin on top of your left shoulder. Turn your head to the left, point your nose to the scroll and place the left side of your chin comfortably into the violin's chinrest. Feel how your head, neck, shoulder and chin embrace the violin.

Cradle the violin neck with your left thumb to the back of the neck and your fingers in the front. Feel the arch where the violin neck turns into the scroll. Now lower your hand slightly creating a small space between this arch and your hand. Support the weight of the violin with the weight of your head and the top of your shoulder. Find a balance where it becomes unnecessary to prop the violin up with your left hand.







Now arch your fingers creating a rainbow. Lift the fingers slightly and then drop your 2nd finger down on to the "A" string. Let your finger drop so the string hits the middle of your finger and your finger is clear of the other strings. Feel the string as you place your finger there. Feel the fingertip on the string and on the fingerboard underneath as you hold it there.

FEELING THE VIOLIN





fry dropping your arched 3rd finger onto the "A" string while lifting the 2nd finger at the same time. Feel the energy exchanging between the fingers as you change from the 2nd finger to the 3rd. Then try this with all your fingers, one at a time.

Now try another string, a lower string. Feel how it is different against your fingertip? The larger and wider strings make a lower, warmer sound. The "E" string feels thin. Its sound is high and bright. Do you feel the difference with your fingertips?

Pick up the bow, being careful not to touch the bow hair with oily fingers, and tighten the hair. Turn the

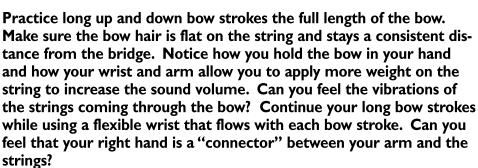
screw until the hair is separated from the stick just enough to put a pencil between the hair and the stick. Feel the tension increase on the bow hair and stick as you tighten the screw.

Balance the bow on one of the strings about half way between the frog and the tip. Feel how you hold the bow with your right hand. Drape your right hand



on top of the stick over the frog with small spaces between your fingers. Feel your thumb and each fin-

ger and how they touch the bow and frog in order to guide the bow across the strings.



Don't the violin and bow feel wonderful in your hands?

Mark O'Connor (2009)



MUSICAL TERMS



SOUND = something you hear.



TONE = musical sound.



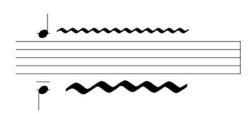
MUSIC = instrumental and vocal sounds having rhythm, melody and/or harmony.



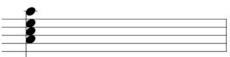
NOTE = musical symbol describing the length and pitch of a tone.



PITCH = the position of a tone in a musical scale determined by its rate of vibrations.



HARMONY/CHORDS = combination of musical notes.



ACCENT = making the beginning of a musical note sound louder.



TEMPO = rate of speed of a musical piece.

MUSICAL TERMS



METER = beats per measure in music.



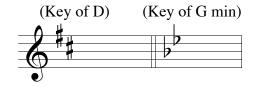
RHYTHM = accent, meter, and tempo in music.



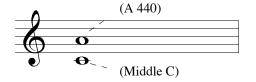
TUNE/MELODY = theme, pleasing sequence of notes.



KEY = a system of tones and harmonies.



TUNING STANDARD = "A" note above middle "C" (440 vibrations per second).



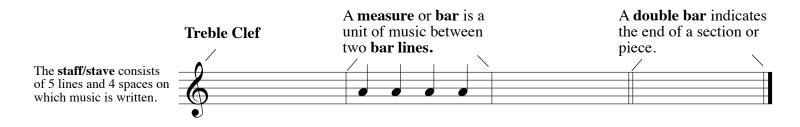
INTERVAL = relationship between pitches.

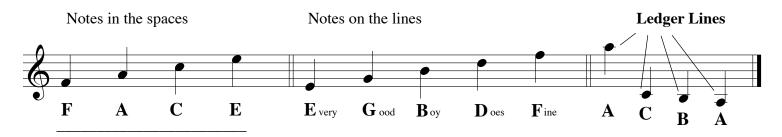


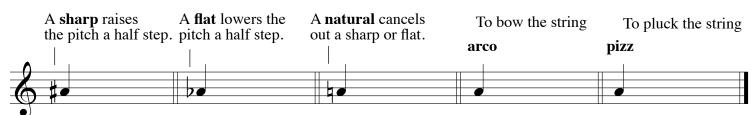




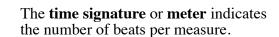
MUSICAL NOTATION







Sharps, flats and naturals carry through the rest of the measure in which they appear.



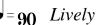
 $\mathbf{4}$ = Four beats to a measure.

 $\mathbf{4}$ = A quarter note receives one beat.

A quarter rest receives one beat of silence.

Tempo markings indicate how fast or slow a piece should be played. Ex: Quarter notes should be played one note per click at setting 90 on a metronome.

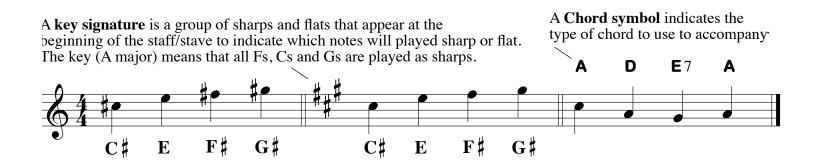
Eighth notes - 2 notes per click.





A quarter note receives one beat.

Quarter notes can be subdivided into **eighth notes**. Each eighth note recieves a half beat.



TONE AND SOUND

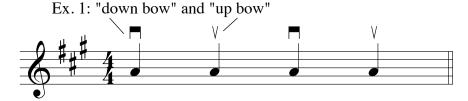


To play with good "tone" and sound, listen to the bow on the string and try to play without sounding scratchy.

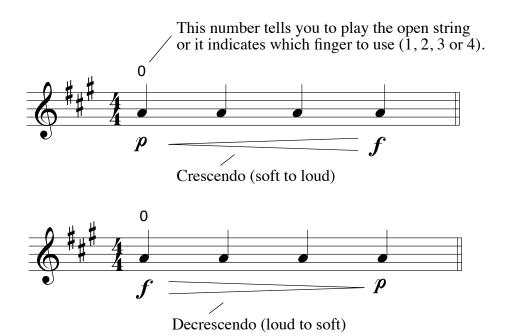
Practice with a nice smooth bowing motion, in a way that sounds beautiful. When you change directions with the bow (down - up - down), do it smoothly and easily.

Stand up straight with good posture, and with your violin comfortably under your chin and placed on your left shoulder. Draw the bow across the strings softly and then repeat the motion loudly—all with a flexible right bow arm and wrist.

Try to find a nice tone that resonates, where the note is clear and has a singing quality.



Ex. 1 -- The "down bow" sign tells you to move the bow to the right, and the "up bow" to the left.



Always stand up straight when you get ready to play. Use good posture.

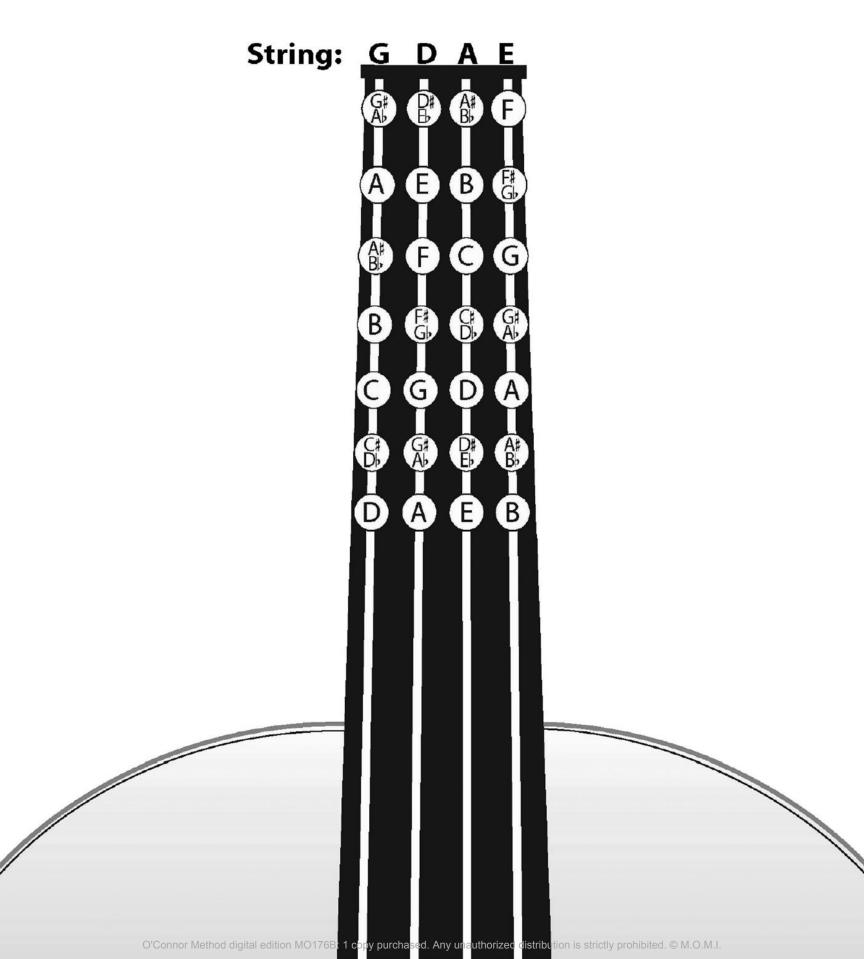
Take a couple of deep breaths and put the violin over your left shoulder and under your chin, making sure the violin is level to the floor.

Play with a beautiful sound quality. Try to find good intonation with each note and find the right pitch with your left fingers. Carefully find the pitch.

Feel good that you are able to produce a wonderful violin tone. The bow drawn across the strings excites them and makes them resonate.

Make the music "sing" with your bow and your fingers. Play with a good feeling and play from your heart.

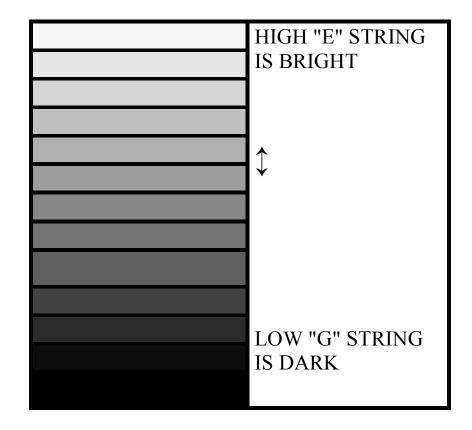






STRINGS OF THE VIOLIN

Е		LITTLE String	HIGH String
A		‡	\$
D		BIG	LOW
G		String	String
G		String	String



Little, Bright High



Big, Dark, Low

Boil 'em Cabbage Down

Book I

(Variation 1)

American Folk Song Arr. by Mark O'Connor



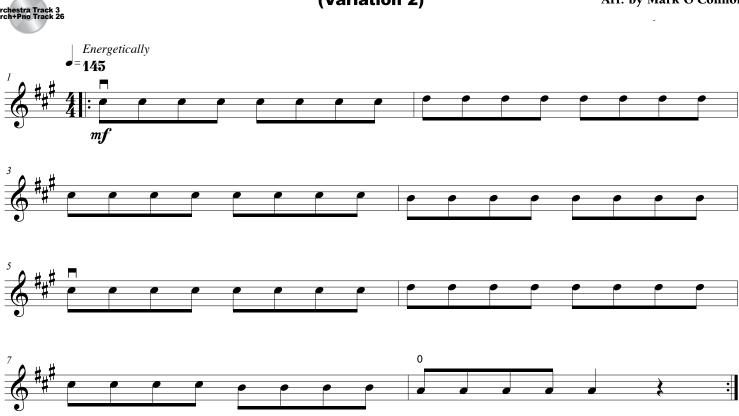
Boil 'em Cabbage Down

Book I

Orchestra Track 3
Orch+Pno Track 26

(Variation 2)

American Folk Song Arr. by Mark O'Connor



Boil 'em Cabbage Down

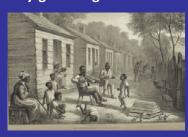
(Variation 3)

American Folk Song



"Boil `em Cabbage Down" is an African American hoedown. The tune has roots reaching all the way to the African slaves that were brought to the southern part of the United States almost 400 hundred years ago. Africans played "bowed" string instruments that resembled the fiddle, so they found the violin to be a familiar instrument. African American fiddlers played with percussive effects and rhythmic bowings derived from their music culture. Early African American and European American fiddlers created the "hoedown" by combining African string playing and Scotch/Irish "reels."

The title "Boil 'em Cabbage Down" speaks of cooking cabbage by boiling it. "Cabbage" could have meant any leafy green vegetable such as collards, kale etc. The Southern style of cooking "greens" that have been cooked



down into a gravy came with the arrival of the African slaves to the southern colonies. They boiled these greens down until they were soft, smoothing out their bitter flavor, and created the famous "southern greens." The chorus of the tune also contains the term "hoe-cake." This refers to a bread that African American field workers cooked in a round skillet or on the blade of a shovel (hoe) held over a fire like a griddle.

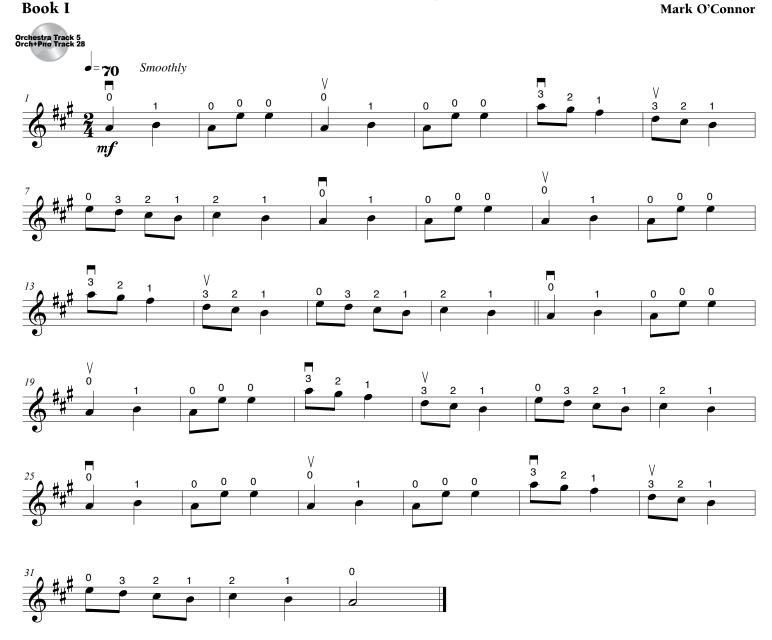


"If you ask me, Boil 'em Cabbage Down smells like good southern cooking!"



Beautiful Skies

Mark O'Connor

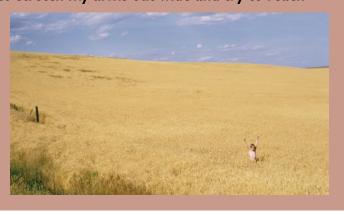




Jove the sky. Especially when it turns to one of my favorite colors ever, the color of blue. The sky is so big and majestic, that I wanted to write music about the beautiful blue sky.

Sometimes I just want to stretch my arms out wide and try to reach

the sky. I know that I can't, but it is so much fun trying to. We can play the violin outside while underneath the sky, and play beautiful music. For me, that is when I feel I can finally reach the Beautiful Skies.

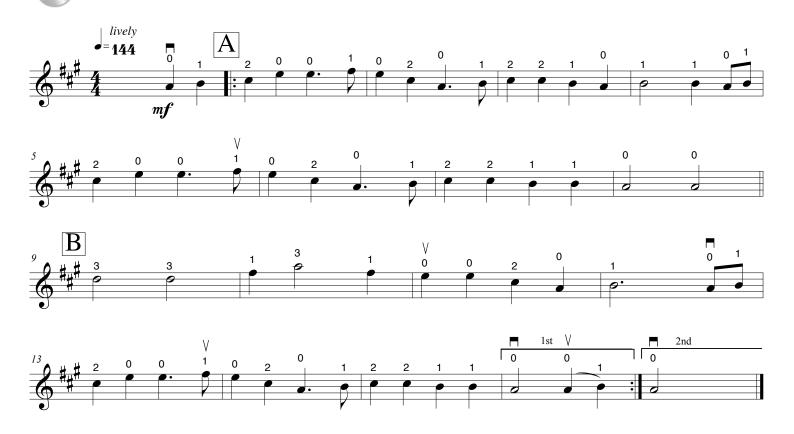


© 2006 Mark O'Connor Musik International

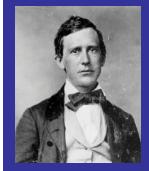
Oh! Susanna

Book I
Orchestra Track 6
Orch+Pno Track 29

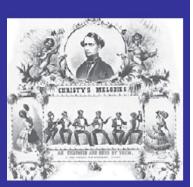
Stephen Foster Arr. by Mark O'Connor



"Oh! Susanna" was written in the 1840s by America's first great



songwriter, Stephen Foster. The Virginia Minstrels and The Christy's Minstrels (two of New York's first performing troupes) encouraged the young Foster to write minstrel show music. "Oh! Susanna" fits this category and eventually enjoyed great popularity. The lyrics describe a man from Alabama traveling to Louisiana to court his lover.



"It rained all night the day I left, the weather it was dry. The sun so hot I froze to death; Susanna, don't you cry. Ha Ha! Such a fun tune to play!"



Buffalo Gals

Book I

Traditional Arr. by Mark O'Connor



"Buffalo Gals" is a traditional American song from almost 200 years ago. In 1844, it was published by a minstrel performer named John Hodges. Originally, the song was about Buffalo, NY, during the construction of the Erie Canal ending in 1825. At that time, before steam engines were commonly used, barges carrying



cargo for trade and distribution were pulled by mules through the <u>Canal</u>.

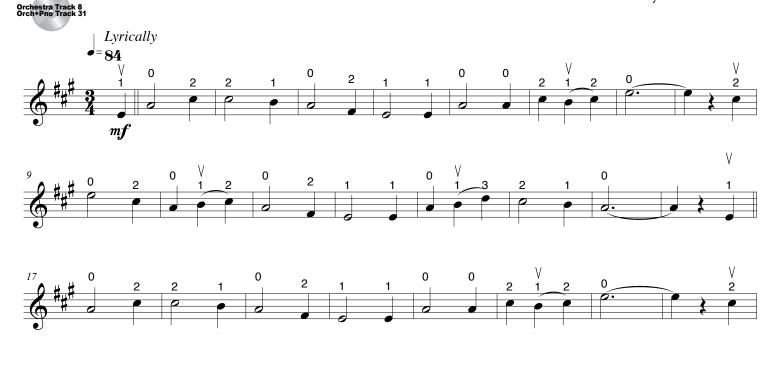


The title of the song, "Buffalo Gals," refers to the pretty girls on Canal Street in Buffalo. Because of the song's popularity, minstrel performers began to alter the lyrics to appeal to the local audiences where they were performing - "New York Gals," "Boston Gals," "Charleston Gals" and "Round Town Gals" to name a few.

Amazing Grace

Book I

Traditional Arr. by Mark O'Connor



Amazing Grace is a hymn. The lyrics were written by John Newton, slave ship captain (B. 1725, London). On one voyage, a violent storm swept a crewman overboard from the place where Newton had been standing just minutes

before. As he continued steering the ship through the storm, he realized his ultimate helplessness and concluded that only the grace of God could save him and the ship.



Many years later, Newton turned to the ministry and repented his role in slavery. The lyrics of "Amazing Grace" are his reflections on a Biblical text and describe his own conversion while on his ship in 1748.

"This 500 year-old bagpipe tune and the words to Amazing Grace make me feel my emotions through the music."



Boil 'em Cabbage Down

Book I

(Variation 4)

American Folk Song Arr. by Mark O'Connor







Boil 'em Cabbage Down

Book I

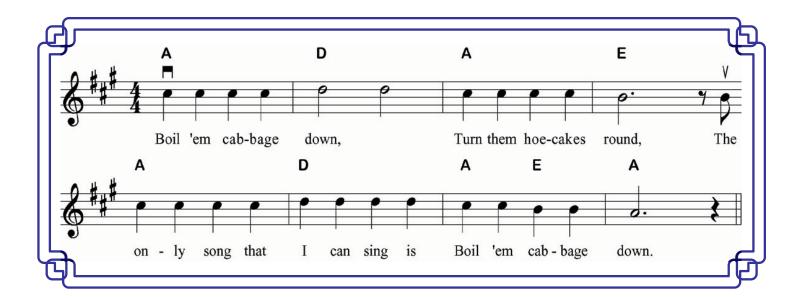
(Variation 5)

American Folk Song Arr. by Mark O'Connor









When the Saints Go Marching In

Book I

Orchestra Track 11 Orch+Pno Track 34 Traditional Arr. by Mark O'Connor



"When the Saints Go Marching In" is an African American spiritual originally played by jazz musicians and brass bands in New Orleans, Louisiana. The tradition of playing this tune at a slow hymn-like



tempo while accompanying a coffin to the graveyard and then jazzing it up in a "hot" or "Dixieland" style on the way back home is still practiced today.







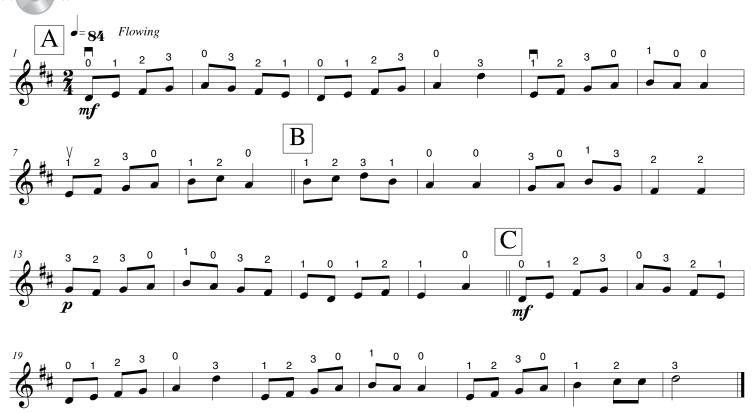
"When I play this tune, I can just imagine the Saints going through those Pearly Gates! I want to be in that number!"



Westward Journey

Mark O'Connor







I composed "Westward Journey" inspired by the many people who hoped for a better life in the West.

When I am in the western states, I always find lots of cows, or perhaps they find me! The cows seemed to like it when I played violin for them!

y cousin Dawn and I hopped on top of the old wagon at my uncle's ranch in Montana. Our horse was right beside us. It was amazing to think about the times long ago when the horse and wagon were the only ways to reach the state of Montana.



Bonaparte's Retreat

Book I

Traditional Arr. by Mark O'Connor





The melody of "Bonaparte's Retreat" was originally a Scotch/Irish tune played on bagpipes. In 1815, the tune was named for the military defeat of the French Emperor, Napoleon Bonaparte. It is commonly thought that

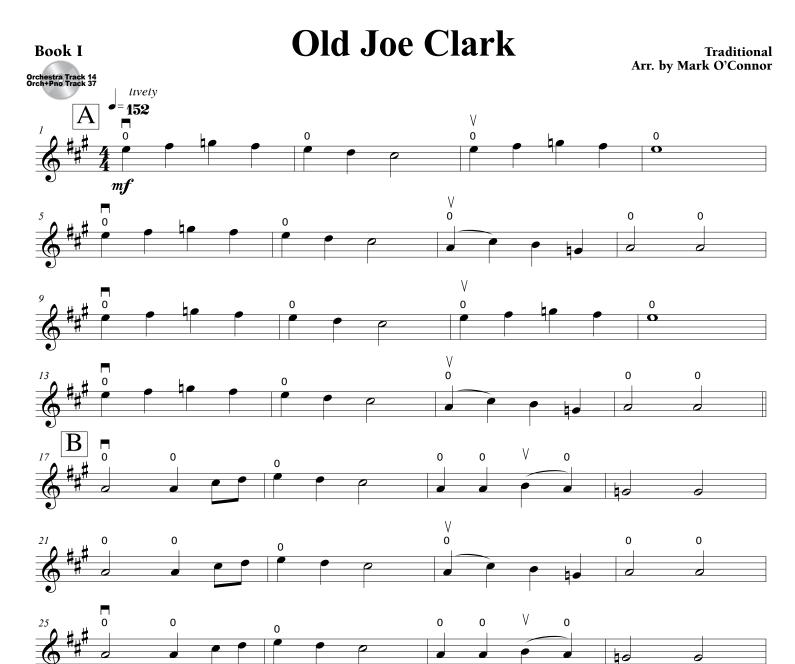
this battle, fought at Waterloo, Belgium, was the turning point for Bonaparte and prevented him from achieving his ambition of conquering the world.





When Thomas Jefferson was president of the United

States, Bonaparte acquired the Territory of Louisiana and owned a home in New Orleans. It is assumed that he had his sights set on acquiring much more of the American West to add to his Empire. The defeat of Bonaparte's army at Waterloo was cause for celebration around the world, and "Bonaparte's Retreat" has been a favorite tune for Americans to play ever since. In 1946, country music stars Pee Wee King and Redd Stewart wrote a hit song using the melody of this fiddle tune. The song was recorded by Kay Star.



Joe Clark lived as a shiftless mountaineer in Virginia in the 1800s. He



had many enemies and is reported to have met his end at the hand of one of them in 1885. Although the identity of the writer of this old American song is technically unknown, legend has it that a rejected beau of Joe Clark's daughter wrote it after Clark's death.

0

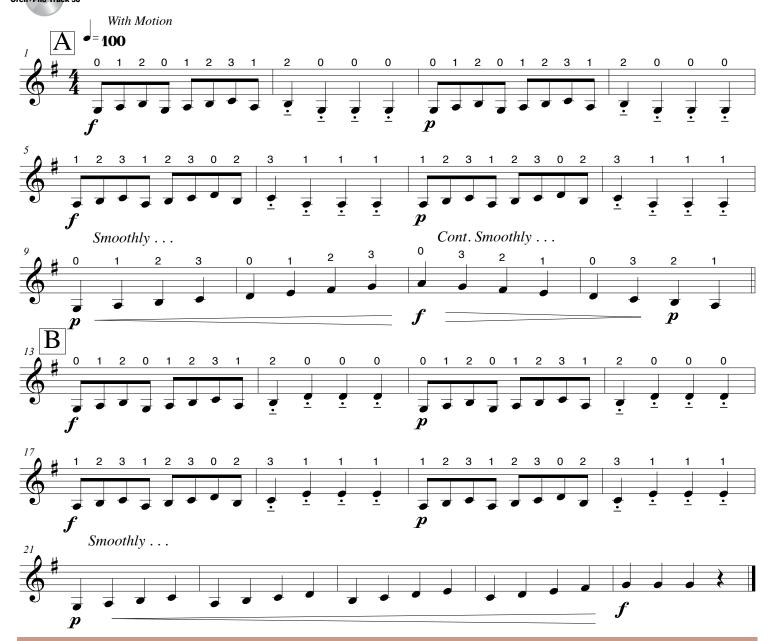
The lyrics are silly and poke fun at Old Joe.

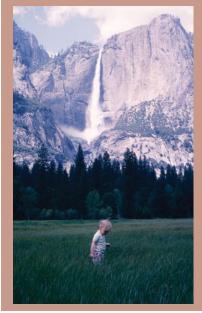
They also suggest that the writer did have some personal knowledge of, and perhaps some interest in, the Clark family home: "Eighteen miles of mountain road, and fifteen miles of sand. If I ever travel this road again, I'll be a married man."

Climbing the Mountain

Mark O'Connor

Orchestra Track 15 Orch+Pno Track 38





Joften dream of going to the top of a mountain. Every time I see the mountains, I want to climb them! I like walking through the meadow with the mountain range hovering over me. Then I gradually head up into the foothills seeing the mountain ahead. As the



slopes become steeper, I take long, smooth steps. I think about flying up the mountain with the biggest, most graceful steps I can take. I usually don't make it all the way to the top because most of the mountains are so big. When I composed "Climbing the Mountain" I have you begin at the very bottom on the lowest string. As you play this tune, you can make it all the way to the top!

Appalachia Waltz

Mark O'Connor



Jalike the leaves when they change color in Autumn.

All through the Appalachian mountains the colors are so beautiful. The red, orange and yellow leaves are every-



where around you. I wrote "Appalachia Waltz" about this nice place.

When I pick wild flowers, I think about remembering home. I pick one for each member of my family and each of my best friends – and my pets too. I love playing the violin because the



music helps me remember my favorite things.

Boogie Woogie

Mark O'Connor





J like playing guitar, too. One of my favorite musical discoveries was how guitar music could be played on the violin. A lot of people "boogie" on the guitar, and I wanted to create the same feel on the violin. So I figured out a violin version of a "Boogie Woogie." When I go outside and kick a ball around, sometimes I try to kick it right down the middle of the road. It's fun just boogieing on down the road.



"Golden Slippers" was written in 1879 by African-American composer James A. Bland. The song's original title and lyric "Oh, Dem Golden Slippers," was originally

popularized by traveling troupes of African American minstrels also known as "Georgia Minstrels." The composer, Bland, experienced slavery first-hand and also lived to see it outlawed after the Civil War. He wrote the song and lyrics



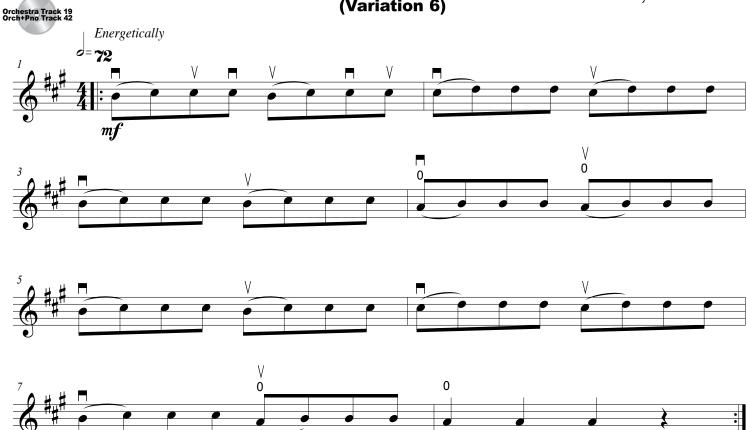
War. He wrote the song and lyrics during the post-War "reconstruction" period of American history.

The lyrics speak of a man's prized possessions: a long-tailed coat, a white robe, a banjo and, most importantly, golden slippers. The lyrics also present the image of going to heaven in a chariot, a conventional metaphor for escaping slavery.



American Folk Song Arr. by Mark O'Connor





Boil 'em Cabbage Down

Book I

Book I

(Variation 7)

American Folk Song Arr. by Mark O'Connor



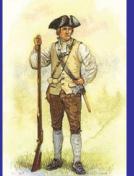
Johnny Has Gone for a Soldier Book I

Traditional Arr. by Mark O'Connor

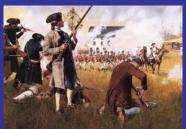




"Johnny Has Gone for a Soldier" is an American folk song that was



popular during the American Revolutionary War. The lyrics speak of the sacrifices many a young woman made during that time: selling her spinning wheel to buy her "love a sword of steel." The melody is thought to have been an older Irish tune.



The American Revolution was bravely fought by many Americans, young and old, seeking independence from the King of England. Music written during this time has become important traditional music that continues to be embraced today. This observation was made by an American military leader about the American Militias who helped win the war: "What can you not achieve with such small bands who have learned to fight dispersed, who

know how to use every molehill for their defense, and who retreat as quickly when attacked as they advance again."

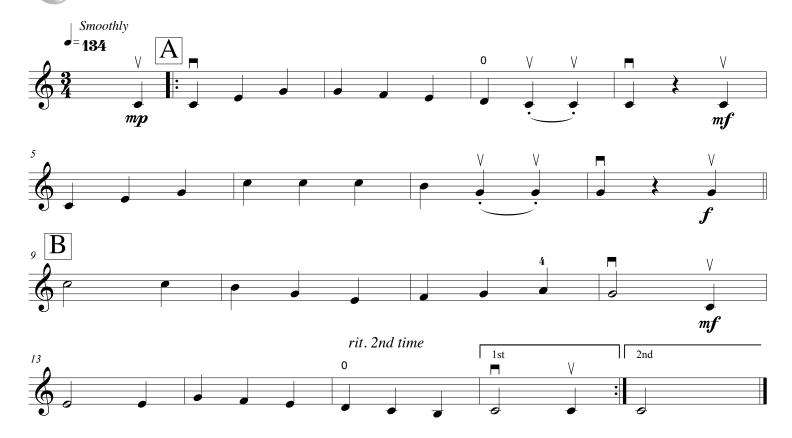
"And every tear would turn a mill. Johnny has gone for a soldier. I will play this melody as a lament. She misses Johnny so much!"



Sweet Betsy from Pike

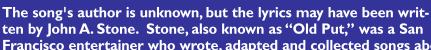
Traditional Arr. by Mark O'Connor





"Sweet Betsy from Pike" is a song about two young "forty-niners" traveling from Pike County, Missouri, to the gold fields of California. In 1849, word traveled across the country that there was a fortune to be found in California's Sierra Mountains. Thousands of people left their homes and endured tremendous hardships journeying west to look for gold. The lyrics to this song describe many of the troubles typically encountered by the "forty-niners."





ten by John A. Stone. Stone, also known as "Old Put," was a San Francisco entertainer who wrote, adapted and collected songs about the gold miners of that time. The melody is most likely a variation of a tune originally from Ireland. The hard times described in the song become especially poignant when, after all of their trials and tribulations during their journey west, Betsy and Ike do not end up together as a couple.

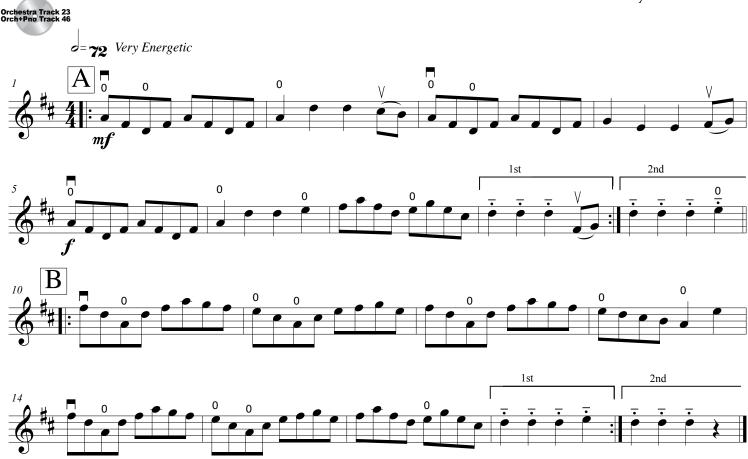
"The Shanghai ran off, and the cattle all died. That morning the last piece of bacon was fried. The dog drooped his tail and looked wonderfully sad."



Soldier's Joy

Book I

Traditional Arr. by Mark O'Connor



One of the most popular fiddle tunes in history, "Soldier's Joy" can be traced to collections published in London and Scandinavia in the middle 1700s. Early



versions can be traced to Scotland, and variants found in the French Alps and Newfoundland.



The tune was also well known in Ireland.

As is the case with many fiddle tunes, lyrics were added later. In America, "Soldier's Joy" eventually came to be known as the morphine used by Civil War soldiers when they were injured in battle. A

popular lyric for the tune was: "Twenty-five cents for the old morphine, now carry me away from here."

"A cigar box was sometimes used as a fiddle by soldiers to play this tune during the Civil War. Times were very tough, and this music lifted everyone's spirits.

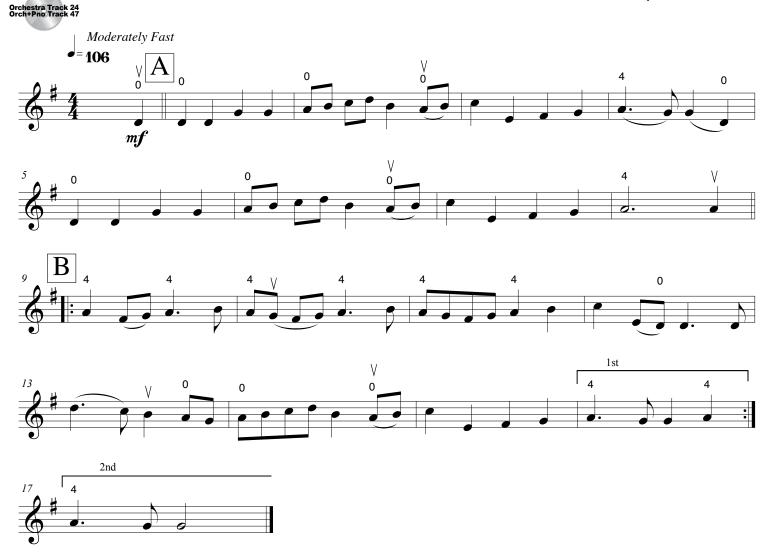
It's joyful to play and to hear!"



The World Turned Upside Down

Book I

Traditional Arr. by Mark O'Connor



"The World Turned Upside Down" is an English Ballad also known by the title "When the King Enjoys His Own Again." It was first published in 1643 as a protest against Oliver Cromwell's attempt to ban Christmas celebrations.



Legend has it that when Lord Cornwallis surrendered at Yorktown, Virginia in 1781, signaling the end of the American Revolution, the British band



played this tune. Aedanus Burke vividly describes the atmosphere created by the music at Yorktown: "They marched thro both Armies at a slow pace, and to the sound of music, not military marches, but of certain airs, which had in them so peculiar a strain of melancholy."



THE SCALES AND INTERVALS INCLUDED IN BOOKS I & II

The Rainbow

